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Inspiring Guide for Learn to Learn
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MOTIVATION IN LEARNING





“Motivation is a deeply engrained value and factor that can literally have a tremendous impact on one’s behavior and lifestyle”



Motivation affects learning and behaviour

- Directs behavior towards particular goals
- Leads to increase effort and energy
- Often enhances performance



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ATTITUDE MATTERS





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INSPIRING
GUIDE
4L2L



How to **Motivate** Adult Learners

•Create experiences that will be useful and relevant

Adult learners appreciate more practical knowledge.

Get them to learn in a meaningful way.

Get examples of their workplace or personal experience and connect them with what they are learning.

- **Stimulate your learners**

encourage them to think through practical examples, ask them questions to debate.

- **Be always respectful and create a respectful environment**

- **Ask for feedback**



- **Use humor**



ADVERSITY

Impossible odds makes achievements even more satisfying.



